



# *Falco peregrinus*: Let me out of the room or I will explode!

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## Abstract

A brief exploration of a *Falco peregrinus* case.

With a new kingdom we need to understand the indicators to this kingdom, the themes embraced by it.

The Bird realm has the usual animal theme of survival, and the bird's survival method is to fly. They fly out of danger, out of the trap, the prison. Birds are hunters, and often the feeling is of the hunter, swooping on prey. Speed is an essential tool for birds, and bird cases, particularly the raptors, show a love of speed and an attraction to danger.

## Keywords:

Bird Kingdom, *Falco peregrinus*, *Haliaeetus leucocephalus*, *Buteo jamaicensis*, rage, trap, caught, curse, danger, speed, rise above, break free, suffocate.

## Patient:

Girl of 16, lives in Belgium.

*Consultation: December 07*

The girl has a history of blind rages, which has caused her to be suspended and ultimately barred from several schools.

She says she gets into a blind rage, using brutal, coarse language. She says she is not proud of herself, she doesn't want to fight, but cannot stop, and has to say what she says.

"I was cruel to my mother, who was crying. I was yelling 'I hate you and hope you will die'. While I was doing it I realised it was so nasty and couldn't stop myself.

I have to win an argument, to bend her and be above her. It gives me satisfaction."

"I like shopping with my mother, really love it. But when she refused to buy me more clothes I wanted, I would make a horrible scene."

She feels that, figuratively, she could kill with rage, at the least idea of opposition, of not getting her own way.

If she is in school, and she wants to go outside, she will push the others out of the way, thrusting her way through the crowd to get to the door.

In school she feels she is picked on, persecuted. "They have their eye on me: it is always me, why always me? Why pick on me all the time? Why can't I do things like others?" Then she

is enraged and says, "Let me go out of the room or I will explode." When this is refused, she will fight. She goes out anyway, and runs to the door and the teacher gets in her way, and the girl says "Now you have asked for it," releasing a torrent of abusive language. Each week she gets a warning that she will be suspended from school. It is not the first school from which she has been excluded.

She says her rages happen at least once or twice a day.

Her parents are afraid she will ruin her future.

## *Trapped, caught, imprisoned*

They punish her by preventing her from going out – it is the worst punishment they can give her. They take away her mobile 'phone, her computer, and prevent her from watching television. For her the worst thing is that she has no contact with her friends, and has to stay in. "To stay in the house for more than one day is unbearable. I get depressed."

Once they kept her in for a week as she had stolen for kicks from a shop.

She does anything for kicks – her thought being "Can I get away with it?" As long as something is dangerous she will do it. She is attracted to danger, or to that which breaks the rules.

When told to line up to file into school, she lines up at the back, and then disappears, moving backwards and out of the school gates. "Will they spot me, and catch me?" Most of



Peregrine Falcon

the time they do not. The theft she did not get away with, and her parents confined her to the house. However she quickly became depressed, cold, she stopped washing and dressing. "I was trapped, caught, imprisoned. My friends were there in town and I was in prison." This is her worst punishment, being locked up and having her freedom taken away.

*Remedy: Falco peregrinus 1M* was prescribed on the basis of Bird Kingdom; rage, the need to beat or be above others, the need to be outside in the open air, the need for danger. Uncontrollable behaviour. Feeling as if she is 'picked on.'

If *Falco peregrinus* experiences the least opposition they become enraged, and possibly violent, although their external demeanour is often timid.

The idea that they could be hindered in any way, is so extreme and unreasonable that their behaviour, their attempt to escape the trap, is similarly extreme.

*January 08:* Her stepmother said 'she is a bit better but not enough yet.'

*March 08:* I treated her father, and he was given the same bird remedy. They fight tremendously. I wanted to give him *Falco peregrinus 15M* but the girl took it instead, and cancelled her next appointment. Her stepmother said she wanted no help, but to do things on her own.

*September 08:* In the summer she had good marks in school; she was calm, had a quiet semester and a good end result. The school wrote to her parents saying she could not behave as she had for the first two semesters, and then behave well for the third. It was much too disruptive for the teaching staff and the pupils. They believed she was behaving badly on purpose.

The girl said, "I am calm, I don't have the aggression any more. I don't need to throw things, scream, shout and curse any more. I have a boyfriend and even with him I can talk and if he says 'don't do it, calm down,' I can accept it. I do dispute, but I am not exaggerating my behaviour."

She tells about going out with her mother to a festival where they had a good time.

There is a problem for her in that her boyfriend is not allowed to come to her home, and so she stays with him. He has a history of drugs and alcohol, so her father has banned him. She and her father had different ideas. The relationship is almost a year old now, and she says, "I made a good one of him." He is no longer drinking or using drugs.

About the letter from the school she said "I understand it is a warning – I have to behave and do my best." She was cool about it, more so than her father.

In her language the vital sensation is still there. In the quarrel with her father she said "I will not bend, I will not lose the fight."

She is calmer, she used to be easily provoked. "Now I can think over things logically. I no longer have this urge to go out. Less urge to prove myself. If I don't dare do something, I don't do it. Before I would have to do it.

I feel more intelligent than I used to be, like I am grown up." She is tired of going to school [she is 17 now], would like

her own car, and no rules in the house. She still has to obey parental rules, and is looking forward to being independent, living on her own with no rules.

*Remedy: Falco peregrinus 1M* to take in case she feels picked on.

Her father said "This is a completely different daughter."

### *Depth of the pattern*

It is good to treat children and young people before the vital pattern is set too deeply. The young girl patient is quicker to heal in comparison with a particular male *Falco peregrinus* patient.

He was employed in a garage to repair cars. If anyone made a chance remark to enrage him he would jump in a car and drive to Switzerland at 200kph. (Switzerland is two countries away.) He said that he had smashed more cars than he had ever repaired. He was obsessed by speed, and took out his rage in fast driving.

His pathology was much deeper than the female patient and he was older, twice her age. At 21 he was living on the streets and ready to end his life. He had left home as a result of an extremely strict and limiting religious upbringing.

His circumstances were more difficult and his pattern more ingrained than the female, younger *Falco peregrinus* patient. But the pattern was similar ~ a need to be free, to be unconstrained; the inability to bear any opposition or criticism; extreme rage, and for him, his need for speed matched her need for danger. Living 250k away from his homœopath, rather than wait for a remedy to be sent in the post, he would jump in the car and drive there, arriving in a trice, and driving back just as fast. In four years of treatment his behaviour had mellowed a lot, but it would take longer than the younger patient to bring him into balance. His treatment started with low potencies, but he has done a lot better on higher prescribed potencies, such as 50M. Perhaps the potency better matches his state, and certainly the energy of his state. It may be coincidental, but there are animal remedies that may work best in high potency.

Although there are rubrics which cover rage and anger, cursing and desire for danger in the repertory, the bird remedies are not particularly well represented. In the past, remedies such as *Anacardium*, *Lac caninum*, *Lyssin* and the Solanaceae family have served us well.

The unique part played by the Bird remedies in our homœopathic understanding is that they become enraged at the merest opposition. Anything which hinders or traps the bird patient, which stifles their freedom, will lead to the feeling of being picked on, humiliated, caught, hunted, trapped and suffocated. Their need is to break free, and this is often accomplished with violence and speed, whereas the snakes accomplish the same with venom and cunning, deceit and trickery.

*Falco peregrinus* has a particular theme or dreams which include speed, free fall, and the bliss of freedom and being the fastest, whereas *Haliaeetus leucocephalus* needs to be above others, away from the trap of humanity. *Buteo jamaicensis* can be abusive to others and very impatient as he feels exploited

by his family and sees his life passing by. In recognising the attributes of the sub-kingdom we easily narrow the choice of remedy.

*Falco peregrinus* rubrics suitable for the two cases:

CURSING - contradiction; from

CURSING - rage - in

DANGER - lack of reaction to danger

DANGER - no sense of danger; has

DELUSIONS - flying - rushing towards the stars

AILMENTS FROM - domination

AILMENTS FROM - domination - others, by, a long history of

AILMENTS FROM - humiliation

AILMENTS FROM - mortification

AILMENTS FROM - scorned; being

DELUSIONS - horses - she is a reined in wild stallion that desires to be free

DRIVING - fast - with recklessness and indifference to consequences

DRIVING - speed - desire for

ESCAPE, attempts to - run away, to

ESCAPE, attempts to - wants to get out of house after fright

HEEDLESS

INDIFFERENCE, apathy - conscience, to the dictates of

INDIFFERENCE, apathy - danger, to

INDIGNATION - rage, with

RAGE, fury - biting, with

RAGE, fury - cursing, with

TIME - obsessed by how long everything would take

TIME - slowly, appears longer; passes too

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## Continuing Professional Development (CPD)

Professional development is the bridge between one's current practice and the ongoing requirements of a fluid and thrusting profession that demands clinical excellence. CPD embarks on a vital education principle within the Australian Quality Framework (AQF) of Life-Long Learning. This involves the learner to be an active participant and encourages the development of a deep approach to learning. The knowledge and skills gained from undergraduate studies cannot be relied on for the entirety of one's professional life. Information is updated so rapidly that clinical professions such as homœopathy need to sustain a continually maintained skills and technology base. Homœopaths need to keep informed about changes and advances in the health care field and within the homœopathic scientific paradigm.

CPD activity is often completed as a requirement imposed by the regulating bodies and membership. However, this can be considered as a personal opportunity to further advancement in whatever role is chosen within the homœopathic profession. Proponents of continual professional education advocate its usefulness in support of competency-based practice, retooling for the changing health care profession, accompanying personal and professional growth, promoting critical thinking, meeting expectations of accountability and empowering clinicians to face the challenges of educational and practice.

Australian Register of Homœopaths (AROH) has set guidelines for registrants to log and record their CPD for compliance with regulator bodies. CPD plays an essential role in successful education reform. The Australian Homœopathic Association is leading the way for homœopaths to achieve this with national and international seminars, workshops, and the Australian Homœopathic Medical Conference. Visit the AROH website for forms and details of requirement for registrants.

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